

WHEELS TO MEALS
56 MILE ROUTE
LAST RIDER LEAVES AT 9:00

Begins and ends at WSU – Puyallup Campus
For assistance call (206) 318-6142

Note!!! Puyallup Street and Avenue designations can be confusing. Pay special attention to the cue sheet directions when cycling within Puyallup city limits.

Mileage	Description
0	Begin at WSU parking lot
.1	Cross Fruitland Ave to 7th Ave SW (will become 7 th Ave SE)
3.0	Left on 21st Street SE T (NOTE THAT 10 MILE COURSE TURNS LEFT)
3.1	Right on Pioneer AVE SE (STOP SIGN)
3.8	Left on 134th Avenue E
3.85	Right on 80th Street E
3.9	Right onto Foothills Trail
4.25	Continue on Foothills Trail as 20 MILE COURSE LEAVES TRAIL AT 96TH ST
6.8	Cross Military Road; remain on Foothills Trail
10.8	REST STOP AT ORTING PARK 7:45 – 11:00
	Continue on Foothills Trail towards South Prairie
14.3	Remain on Foothills Trail as you cross South Prairie/Carbon River Road
18.3	Turn left on Emery as you enter South Prairie
18.4	Turn right onto State Route 162 (Pioneer Avenue)
20.6	Turn left on SR 165 (Towards Buckley)
22.2	Turn left on River Street
22.3	Turn right on HWY 410
22.6	Right on Main Street
22.7	ON YOUR LEFT - REST STOP at Thunderbird Park– (Buckley) 9:00 – 11:30
22.7	Right onto Main Street and cross HWY 410
23.0	Left on S. Naches Street
23.2	Right on West Mason
23.5	Bear right as Mason becomes Sumner-Buckley Highway
24.6	Bear right onto Old Buckley Highway (Also called Sumner-Buckley Highway) T
27.7	Bear right onto Connell Prairie Road
28.3	Turn right on Barkubein Road E.
29.0	Bear right as Barkubein Road becomes 226 th Ave East then Radke Avenue
29.7	Turn Left onto Buckley Tapps Highway E (also calls 230 th Avenue E.) T
30.2	Bear left on 40 th Street E.
31.5	Turn left onto 218 th Avenue E.
33.6	Bear left as 218 th becomes 214 th
33.8	Sharp right onto Old Vandermark Road E
34.0	Left onto Church Lake Drive E (runs along Lake Tapps)
35.6	Turn right onto West Tapps Highway E T
35.8	Turn left on Bonney Lake Blvd E and then left into Allen York (Bonney Lake) REST
	Leave rest stop turning continuing on Bonney Lake Blvd E
36.6	Left on Locust (STOP SIGN)

37.5	Turn left onto Sumner-Buckley Highway (TRAFFIC LIGHT)
37.7	Bear right on Angeline Road E. (Easy turn to miss – look for signs) (Also called Parnell Road)
39.9	Turn right on Rhodes Lake Road E. T
	Note a series of significant down hill runs for the next 1.5 MILES
41.1	Bear sharp right onto McCutcheon Rd near bottom of run. Stay to right!!
42.1	Turn right onto 96 th Street E (REUNITE WITH 20 AND 32 MILE COURSES) T
42.2	Bear left onto Riverside Road E
42.7	Bear left to remain on Riverside Road E
43.3	Right on 78 th Street E
43.5	Left on 166 th Avenue E
44.4	Left on 64 th Street E (traffic light)
44.8	Bear right onto 160 th Avenue E (at stop sign)
45.6	Bear left onto Elm Street
46.4	Bear left onto East Valley Highway E (REST STOP AT VADIS) (SUMNER) (9:00 – 2:00)
46.6	Right onto Zehnder Street (then cross RR TRACKS)
46.8	Left onto Fryar Avenue
47.1	Right onto Main Street (and then cross bridge)
47.2	Left onto Pacific Avenue (becomes Valley Avenue E)
47.4	Bear right to remain on Valley Avenue E
49.2	Becomes Valley Avenue NE
49.4	Crosses Meridian – becomes Valley Avenue NW
51.2	Turn left on Freeman Road E (Traffic Light)
52.1	Turn right on N. Levee Road T
53.2	Turn left on 66 th Ave E (then cross bridge)
53.3	Cross River Road – bear left to remain on 66 th Ave E
54.2	Turn right on Stewart Avenue East (cross RR TRACKS)
54.7	Turn left on Pioneer Way E (stop sign)
55.7	Bear left at traffic light to remain on Pioneer Way E
56.0	Turn right at WSU campus
56.1	Join the Finish Line Festival (10:00 – 4:00)